

“I’M NOW ABLE TO DO ALL SORTS OF STUFF—SWIM, MOW MY LAWN AND HIKE!”



**Patient Richard Lentz, 65,
holding a steelhead trout
9 weeks after surgery.**

Richard Lentz’s primary care physician had diagnosed him with degenerative joint disease in his mid-40s. He had been living with pain in his left knee for years.

“The greatest inhibitor for me was time,” Richard said. “My job required a lot of walking – and even though I developed a noticeable limp, I couldn’t take time off from work to have knee surgery. The pain was so bad, whenever my wife suggested dancing, shopping or strolling on the beach I winced with the fear of the pain. So I started using cortisone shots twice per year to alleviate pain. I had to schedule vacations around my cortisone shots; this went on for years. After a while, the cortisone shots were no longer working, the pain was getting worse – I wanted to do something about it once and for all.”

Finally in October 2013, Richard’s primary care physician introduced him to The Coon Joint Replacement Institute in St. Helena, California. Dr. Ryan E. Moore spoke in depth with Richard on what his knee procedure was going to entail. Richard felt that Dr. Moore’s experience and professional insight was exactly what he was looking for in a surgeon to perform his knee replacement. By January 2014, Richard had his left knee successfully replaced – something he claims he had put off for far too long.

*VERASENSE
enables Dr. Moore to
individually tailor
implant placement
and soft-tissue
balance to improve
knee balance and
outcome for each
patient.*



PRE- AND POST-VERASENSE SENSOR-ASSISTED TOTAL KNEE REPLACEMENT

“Obtaining a well-balanced knee during a total knee replacement can be challenging. With the use of VERASENSE during surgery, I now receive real-time data from my patient’s knee verifying how to best position the knee, achieving better outcomes and alleviating this challenge. Using the information obtained from VERASENSE, I am able to make better and more precise adjustments to achieve a well-balanced knee,” said Dr. Moore.

The time was right for Richard to have his knee replacement, and he was eager to live a life without knee pain. After surgery, he followed Dr. Moore’s routine that included daily knee exercises and walking. Dr. Moore also told him he would be able to walk comfortably in about a month. Richard took that as a challenge and walked a mile after 3½ weeks.

Richard said, “If there’s one piece of advice I could give to someone, it would be: Don’t put up with the pain for as long as I did; it will only get worse. Get your knee replacement sooner, rather than later.”

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▶ THE VERASENSE DIFFERENCE

VERASENSE assists your surgeon with a challenging and extremely important aspect of knee replacement surgery: soft tissue balancing and implant positioning. With VERASENSE, surgeons can make calculated adjustments based on real-time information to help them improve the balance of your knee, with the goal of achieving better patient outcomes and satisfaction after total knee replacement.

VERASENSE does not change a surgeon’s surgical flow or influence the decision regarding which type of implant design is best. The procedure remains the same. When surgeons use this new technology, they can now make evidence-based decisions to better balance the knee for every patient.



Individual results may vary. In every case your physician and/or Orthopedic surgeon must guide you on all aspects of your surgery, including pre- and post-operative care.



RYAN E. MOORE, M.D., Ph.D.

Orthopedic surgeon Ryan Moore, MD, specializes in minimally invasive knee and hip replacement surgery, reconstruction and the treatment of osteoarthritis.

Dr. Moore received a combined degree from the University of Pennsylvania, Philadelphia, PA, a Medical Degree and a PhD in Cell & Molecular Biology. He completed his orthopedic surgery residency at the Hospital of the University of Pennsylvania. The Rothman Institute at Thomas Jefferson University Hospital, Philadelphia, PA, is where Dr. Moore completed his fellowship in joint reconstruction followed by a second fellowship at the Coon Joint Replacement Institute, St. Helena, CA under the direction of Drs. Thomas Coon and John Diana.



ABOUT ST.HELENA COON JOINT REPLACEMENT INSTITUTE

St. Helena Hospital is part of Adventist Health, a faith-based, not-for-profit integrated health care delivery system serving more than 75 communities in California, Hawaii, Oregon and Washington. The hospital’s workforce of 31,000 includes more than 22,350 employees; 4,800 medical staff physicians; and 3,850 volunteers. Founded on Seventh-day Adventist health heritage and values, Adventist Health provides compassionate care in 20 hospitals, more than 275 clinics (hospital-based, rural health and physician clinics), 15 home care agencies, seven hospice agencies and four joint-venture retirement centers. Adventist Health ranked #10 in Becker’s list of the largest nonprofit hospital systems in the U.S. for 2015.

Visit our site for more information: www.NapaValleyJointCare.org or call a patient advisor today at 1.877.747.9991.